

# Adult Self-Referral Form for Walking Aid Assessment at Physiotherapy

(Instructions and Information are overleaf)

Waiting lists vary. You may wait several weeks. If you have a problem that requires urgent attention – please seek medical advice e.g. your GP or NHS 24 (111).

This form is for walking aids only.

If you require a referral to Physiotherapy please contact your GP a) Contact your GP, if you are housebound b) If you can attend an out-patient clinic, use the usual referral system at <http://www.nhslothian.scot.nhs.uk/Services/A-Z/ECPS/Pages/SelfReferral.aspx>

<b>Surname</b>	<b>Today's Date</b>
<b>First Name</b>	<b>Date of Birth</b>
<b>Title: Mr <input type="checkbox"/> Mrs <input type="checkbox"/> Miss <input type="checkbox"/> Ms <input type="checkbox"/> Other:</b>	<b>CHI (if known)</b>
<b>Address</b>	<b>GP's Name</b>
	<b>GP address</b>
<b>Postcode</b>	<b>GP Tel No</b>
<b>Tel: Home</b>	<b>Name of next of kin / carer</b>
<b>Mob</b>	<b>Tel</b>
<b>Do you have an existing walking aid? (please specify)</b>	
<b>Reason for referral (please tick the type of walking aid required):</b>	
<b>Walking stick</b>	
<b>Indoor walking aid</b>	
<b>Outdoor walking aid</b>	
<b>Other (please specify)</b>	
<i>If you have a walking aid which is broken/faulty; which was provided by The Edinburgh Community Equipment Stores, within the past 3 years, please contact them directly on 0131 529 6300 to arrange a replacement. If you require a wheelchair assessment, please speak with your GP.</i>	
<b>List any medical conditions</b>	<b>List of medications</b>
<b>Are you currently being seen by your GP or another health professional? If yes, whom?</b>	
<b>Please let us know if you have any difficulty speaking English or have other needs</b>	

## Information and instructions

- This form is for all patients who require assessment for the provision of a walking aid
- You will be contacted by our service to arrange an appointment.
- Our trained staff will assess your clinical need. Any walking aid issued will be in line with the eligibility criteria outlined in our guidelines for issuing walking aids
- We will inform your GP you have been assessed by our service

<p><b>Option 1 – If you are able to get to an outpatient clinic:</b></p> <p><b><i>Either</i></b> send your completed form to:</p> <p>Physiotherapy Dept, Leith Community Treatment Centre, 12 Junction Place, Edinburgh EH6 5JA</p> <p>or</p> <p>Physiotherapy Dept, 2nd floor, Slateford Medical Centre, 27 Gorgie Park Close, Edinburgh EH14 1NQ</p>	<p><b>Option 2 - If you are house bound:</b></p> <p>Send your completed form to</p> <p>Physio @ Home Team Allermuir Health Centre 165 Colinton Mains Drive EH13 9HF</p>
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